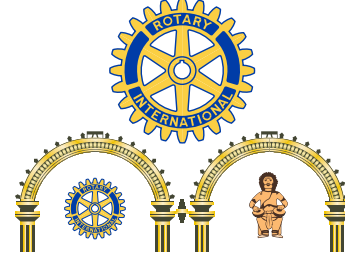


# ARCH NEWS

Rotary Club of Madras Northwest

District 3232; Club 26425

Issue 01, July 2023



இதனை இதனால் இவன்முடிக்கும் என்றாய்ந்து  
அதனை அவன்கண் விடல்.

குறள் 517

## KNOW YOUR PRESIDENT

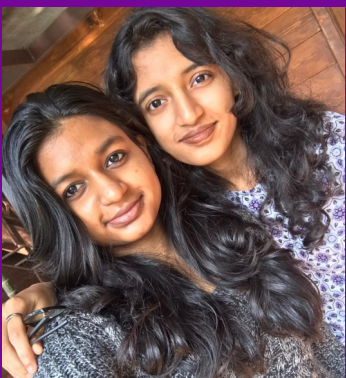
Rtn. S. Rema, a remarkable woman entrepreneur and passionate advocate for community service. She embarked on her career as a Cultural Ambassador with the Yokohama Board of Education in Japan, where she spent eight years before returning to India.

Upon her return, Rema founded her own organization in collaboration with HCL and TCS, specializing in Education & Training and Recruitment Consultation. Her company has thrived under her leadership, offering valuable services in these areas.



In addition to her professional pursuits, Rema's dedication to community service led her to join the Rotary Club of Madras North West in 2018. Since then, she has served as a Director of Community Service Development, tirelessly contributing to the betterment of society for five consecutive years.

Rema's love for sports and physical activities is evident in her life. She excelled in badminton during her school and college days, even serving as the captain of her school team. Her talent and commitment have earned her numerous accolades in zonal and district-level tournaments. Moreover, she actively engages in table tennis, throwball, swimming, marathon running, cycling, cricket, skiing, scuba diving, and dance competitions not only during her college days, where she achieved remarkable success, but even now in Inter Rotary Tournaments.

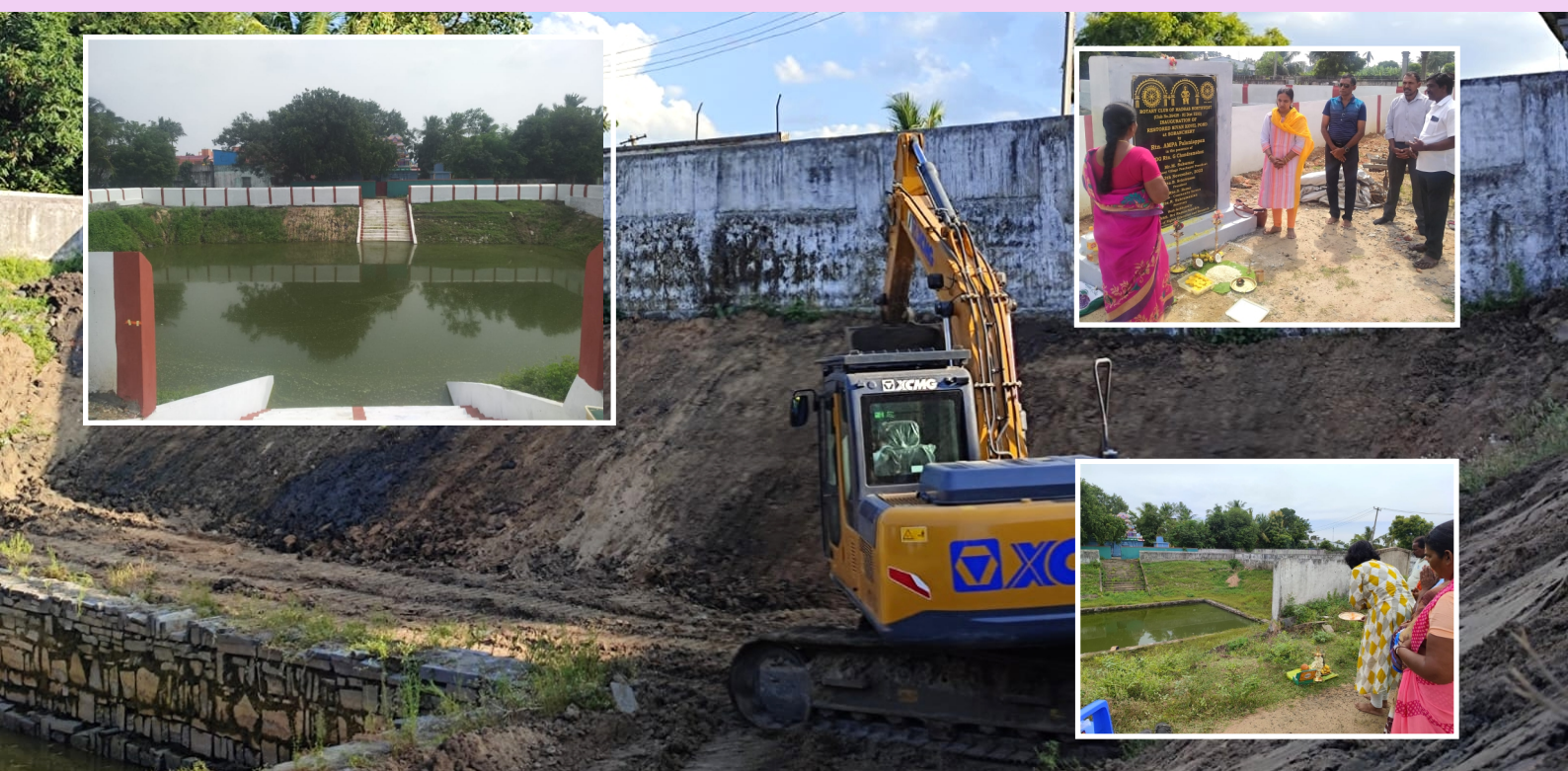


While being a fun-loving and easygoing person, Rema's passion for service shines through her actions. She combines her love for sports with her commitment to community development, making her a truly inspiring individual.

She is happily married to Mr.K.N Ramesh Kumar an IT professional and blessed with two Children Neha & Trisha.



# THE YEAR GONE BY MAJOR PROJECTS



## SORANANCHERY POND INAUGURATION

SORANCHERY SIVAN KOIL pond work was fully completed in first week of Nov and our club inaugurated the pond on 19th November, Saturday. Work for the pond was started in mid September. Various activities of this project included dewatering, de-silting, removal of weeds, compound wall construction, repair of steps and painting the compound wall & steps. During inauguration, a pooja was performed by Chief guest Rtn. Ampa, in presence of Soranchery village panchayat president, our club members and villagers. After pooja and ribbon cutting, sweets were distributed to all. Thanks to our Com. Ser. Director Rtn. Rema Environment chairman Rtn. Vinayagam and all our Rotarians for their contribution and involvement in completion and inauguration of the pond.

**COST OF THE PROJECT - 3.5 Lakhs**

## PINK AUTO PROJECT

Our club donated 5 pink autos to the under-privileged women on 14/11/22, monday at Autotech industries limited, Ambattur. Our club member and district trainer PDG G. Chandramohan presided over the event. Our club member Rtn. K.S. Jeyaraman sponsored all the five autos and was the Chief Guest. Thanks to our Dir. Voc. Service Rtn. N. Venkataramana and Dist. Chairperson for the Pink auto project Rtn. Shanti Selvam for coordinating the event. Around 15 of our club members also attended the event and made it a great one. Pink auto project was the Pet project of our club member PDG G. Chandramohan, during his tenure as Governor, of our district 3232. Many under-privileged women have got benefited because of this project and they are able to earn and support their family on their own.

**COST OF THE PROJECT- 43 Lakhs (Total Autos donated 43 nos.)**







Dear Northwestners

I am excited to share with you a few important projects we have planned for this Rotary year, which reflect our commitment to making a significant impact in our community. Together, let us embark on these projects with enthusiasm and dedication.

1. Adopting a Village and a deprived neighborhood (Slum) for Complete Development in different avenues like

- Health: Organizing health camps, veterinary camps, and facilitating insurance policies.
- Economic Development: Providing vocational training, supporting agriculture and poultry development, and hosting job fairs.
- Education: Establishing tuition centers for school children and offering scholarships.
- Infrastructure: Constructing nursery care buildings, schools, classrooms/labs, and toilets.
- Environment: Undertaking pond/lake cleaning initiatives and implementing recharge wells.
- Women Empowerment: Providing training opportunities and supporting microfinance initiatives.

2. Supporting Dialysis Setup in Hospitals ensuring free dialysis services for economically backward individuals.
3. Environment:
  - Undertaking pond/lake cleaning initiatives
  - Implementing recharge wells
4. Contribution to create Future Leaders for the Nation:
  - Identifying passionate, patriotic, capable, and honest students who are economically backward and providing them with a conducive study environment to prepare for their IAS exams, nurturing future leaders.
5. Projects to create creativity among the youth nurturing them with new science project ideas
6. Public Image Building projects
7. Projects to promote peace

And many more ....

These projects embody our dedication to service and align with the Rotary values. I invite each of you to actively participate and contribute to their success. Together, we will make a profound difference in the lives of many and inspire positive change in our community.

## OUR HOPE TEAM 2023-24

- Club Advisor – Rtn. Rajappan
- Club Trainer – Rtn. Dr. Venkatramana
- President – Rtn. S. Rema
- Immediate Past President – Rtn. B. Srinivasan
- President Elect – Rtn. Subramanian
- Vocational – Rtn. Dr. Venkat Ramana
- Comm Service Devt – Rtn. Seetharam Koka
- Youth – Rtn. Ajaz Ahmed
- Health – Rtn. Sujith
- Club Service – Rtn. Raghavendra
- Treasurer – Rtn. Mukesh
- Secretary – Rtn. Subramaniam
- International – Rtn. Nazer
- Sergeant At Arms – Rtn. Selvaraj
- Sergeant At Arms – Rtn. Sathish Raju
- Foundation – Kasi
- Fellowship – Ann. Charumathy
- Fellowship – Rtn. Ampa Palaniappan
- Polio – Rtn. Kasinathan
- Environment – Venkatramana N
- Arch News Editor – Ann. Ragini
- WINS Chairman – Prakash
- Chairman Literacy – Gokul P Deshpande
- Public Image – Rtn. Bharat Kumar

- Women Empowerment – Swarna Jothikumar
- Chairperson – Membership Development – Hari Babu Pitty
- Chairperson – RCC – Rtn. Sethuram S
- Chairperson Special Projects – Fundraiser – Rtn. Sucharita
- Chairperson – Special Projects – Fund Raiser – Ann. Kavitha
- Chairperson – Special Projects – Health Care – Rtn. Devarajan Radhakrishnan
- Chairperson – Special Projects – Interact – Ann. Adakkammai
- Chairperson – Club Cultural Events – Rtn. Jothi Kumar
- Chairperson – Maternal And Childcare – Rtn. Sameera
- Chairperson – Spl. Projects – Rtn. Vinayaga Murugan – Disaster Management
- Chairperson DEI ( Diversity, Equity, Inclusion) – K.K. Ramesh
- Chairperson – Posh ( Prevention of Sexual Harrasment) – K.M. Thushari Shyamali
- Chairperson – Mental Health & Deaddiction – Nain Hemdev

by President Rtn. S.REMA

## ANN'S CORNER

### CHETTINAD RECIPE - Kosamalli (serves 6)

#### INGREDIENTS

- \* Big Brinjal ( halved) 5 pcs
- \* Small Onions (finely chopped) 12
- \* Green Chillies (slit) 5
- \* Tomatoes (chopped) 2
- \* Tamarind Extract (marble sized ball) 1
- \* Oil 1 Tablespoon
- \* Coriander Chopped 1 teaspoon

#### For Tempering

- \* Oil 1 teaspoon
- \* Fried red chillies (split into 2) 1
- \* Mustard seeds 1 teaspoon
- \* Split Urad Shall 1 teaspoon
- \* Curry leaves 2 sprigs

#### Method

- \* Pressure cook the brinjals in 3 cups of water for 3 whistles

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Rotary Club of Madras Northwest



- \* Strain the water and keep aside while allowing the brinjals to cool
- \* Remove the Brinjal skin and mash well
- \* Heat 1 tablespoon of oil in kadai. Fry the onions and green chillies till translucent
- \* Add the tomatoes and mashed brinjals and saute a few minutes
- \* Add the tamarind extract, salt and the cooked water. Allow it to boil for a minute and remove from heat. Don't allow to over boil as it will lose its flavour.
- \* Heat oil in a kadai, temper the ingredients for seasoning and add to the kosamalli.
- \* Stir well and garnish with the coriander leaves.
- \* Serve with idly dosa or idiyappam

#### Variation

The brinjals can be basted with oil and grilled / roasted in an oven / gas top, de-skinned and mashed.

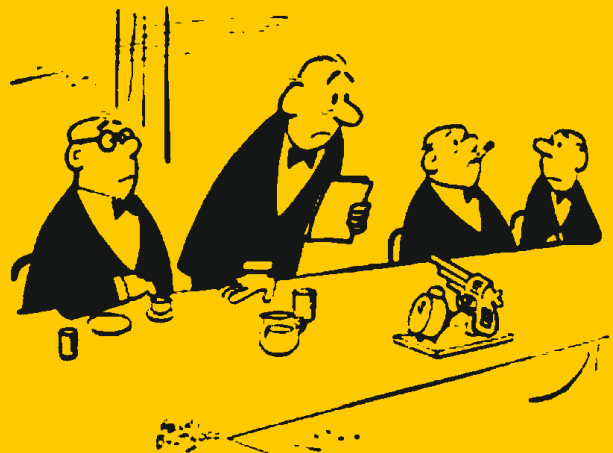
By AACHI KALPANA PALANIAPPAN

## ANNET'S CORNER



Painted with Coffee Decoction by  
YESHASWI PRAKASH

## LAUGHTER MEDICINE



ROTARY MEETING

## BIRTHDAY CELEBRITIES

|                      |           |
|----------------------|-----------|
| Ann. Komathi         | 3rd July  |
| M.A. Nazeer          | 3rd July  |
| Rtn. K. Sameera      | 8th July  |
| Rtn. Jothikumar K    | 11th July |
| Rtn. R. Devraj       | 12th July |
| Ann. Kalpana Sridhar | 15th July |
| Rtn. NSP Prakash     | 16th July |

|                  |           |
|------------------|-----------|
| Ann. Nain Hemdev | 23rd July |
| Annet Alekhya    | 24th July |
| Rtn. Ramesh K.K. | 27th July |

## WEDDING ANNIVERSARIES

|                       |           |
|-----------------------|-----------|
| Rtn. S.R. Sadagopalan | 4th July  |
| Rtn. R. Devraj        | 14th July |
| Rtn. Hari Babu Pitty  | 21st July |

CLUB MEETS EVERY ALTERNATE THURSDAY AT 7.30 PM AT COSMOPOLITAN CLUB

Official Bulletin of the Rotary Club of Madras Northwest

Arch News Editor - Ann. Ragini Prakash